



PMA Code of Ethics:

PMA Members & PMA Pilates Certified Professionals must abide by these guidelines:

1. Do no harm.
2. Teach within your 'Scope of Practice' (see PMA Scope of Practice sheet).
3. Maintain professional boundaries within your certified competencies and jurisdiction.

The following improper behavior will be not tolerated:

- a. Inappropriate physical contact
- b. Financial exploitation
- c. Sexual Exploitation

4. Maintain client confidentiality.
5. Direct clients to seek medical attention when necessary.
6. Do not discriminate against clients or colleagues on any level.
7. Do not intentionally solicit other Pilates professionals' clients.
8. Treat clients and colleagues with respect, truth, fairness and integrity.
9. Comply with all applicable business, employment and intellectual property laws.
10. Maintain professional appearance and conduct.
11. Do not misrepresent skills, training, professional credentials, identity or services.
12. Continue gaining education to enhance your skills and knowledge, and to provide the highest quality services to clients.